



# The Vision Journal: A Whole Brain Journal and Portable Vision Board

*Sara Marchessault*

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Vision boards are powerful tools for clarity. Focus. Manifestation. Goal setting. Image work is a powerful way to connect with what you want most for your life. They are fun to make and the result is a piece of art unique to the creator.

Journals are powerful tools for clarity. Focus. Manifestation. Goal setting. Words are powerful tools to connect with what you want most for your life. They are fun to work with and the result is a unique piece of writing that includes the thoughts, feelings, and ideas of an individual between its two covers.

Vision boards and journals have a lot in common.

But vision boards alone don't have space for written reflection. And journals don't necessarily lend themselves to working with images.

Enter *The Vision Journal*.

With plenty of space for vision board style images and lined pages for reflection, *The Vision Journal* is the ultimate place to store the words and pictures, plans, and action to create the life you want. And the best part? With *The Vision Journal* your vision board and journal can safely travel with you wherever you go.

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