



Hip Replacement or Hip Resurfacing: A Story of Choices

Peggy Gabriel

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Imagine being told that you will never be able to bring your knees toward your chest, or squat to pet your dog again. Imagine being told that if you sit on the floor to play with children, you will have to exercise caution as to not dislocate your artificial hip. This is what Peggy Gabriel was told when it was discovered that she had osteoarthritis in both of her hips and was facing a bilateral Total Hip Replacement.

If you are a candidate for hip replacement surgery or if you know of anyone who is, this book is a must read. Many people are still not informed of all of the options that are available. With a Total Hip Replacement, the revisions and potential problems that will become a permanent part of ones life are often not fully understood until after the surgery. Even though this surgery has been a gift for many, there is another choice. This option does not include the amputation of the ball of the hip as in the Total Hip Replacement. This option is being done successfully in many parts of the world.

This book is a story about the journey to discover the gift of choice, and help you to weigh the facts about hip surgery.

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