



Fear Fighting: Awakening Courage to Overcome Your Fears

Kelly Balarie

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We all live with fear. It hangs around, whispering in our ears, reminding us of all we can't do or will never be. But that's not the end of the story. We also have a God who draws close to say, *Fear not. I am with you.* This Spirit transforms us into fear fighters--women breaking free of trepidation to find bold dedication to God's peace-, purpose- and joy-filled callings.

With remarkable compassion born from personal experience, Kelly Balarie shows women how to

- Cultivate unstoppable faith by harnessing God's Word and promptings
- Pray panic-, blood pressure- and stress-reducing prayers to usher in lasting peace
- Discover clear and immediate action plans to exchange worry for God's greatest gifts
- Implement daily bravery decrees to stand armed through the day
- Participate in a 12-week study guide to foster new courageous habits

Kelly pulls back the curtain of fear so you can find the beautiful woman God created you to be.

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Fernando Minaya:

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