



Dealing with Difficult Spouses and Children: How to deal with angry, demanding and manipulative Spouses and Children

Ms Roberta Cava

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At one time or another, everyone has had to deal with frustrating spouses and children who are irate, rude, impatient or aggressive. This book outlines useful techniques that will help you "keep your cool" when faced with annoying spouses and children. Dealing with Difficult Spouses and Children is an absolute must if you've had to deal with manipulators who expertly push your buttons or if you allow others to make you feel irritated, stressed, frustrated, angry, hurt, revengeful or guilty. Roberta Cava is the owner of Cava Consulting in Australia and presents her seminars worldwide including her session: Dealing with Difficult People that has been presented to over 54,000 participants. She is the author of 23 books and will be writing more.

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