



# Prescription for Change for Doctors Who Want a Life

*Susan E Kersley*

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## **Prescription for Change for Doctors Who Want a Life** Susan E Kersley

*Prescription for Change for Doctors Who Want a Life* promotes a healthy work/life balance. It is a practical, easy-to-read guide containing useful tools and advice with specific references to medical scenarios written in a straightforward style. Susan E Kersley is a qualified doctor and regularly writes for BMJ Career Focus, speaks at the BMJ Careers Fair, and runs workshops on personal development and self-care for doctors. Doctors of all grades and specialties will find this philosophy invaluable, as will medical mentors, careers advisors and counsellors.

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