



# Posttraumatic Play in Children: What Clinicians Need to Know

*Eliana Gil PhD*

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## **Posttraumatic Play in Children: What Clinicians Need to Know** Eliana Gil PhD

From leading expert Eliana Gil, this book provides child clinicians with essential knowledge and tools for evaluating and working with posttraumatic play. Such play, which is often repetitive and disturbing, may help resolve traumatic experiences--but can also become toxic. The book guides the clinician to determine what is going on with a given child and intervene sensitively and effectively. Evocative case material is interwoven with up-to-date information on the developmental impact of trauma and ways to facilitate children's natural reparative capacities. A reproducible assessment checklist to help clinicians differentiate between useful and dangerous posttraumatic play can be downloaded and printed in a convenient 8 1/2" x 11" size.

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