



Not Without My Father: One Woman's 444-Mile Walk of the Natchez Trace

Andra Watkins

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Can an epic adventure succeed without a hero? Andra Watkins needs a wingman to help her become the first living person to walk the historic 444-mile Natchez Trace as the pioneers did. Fifteen miles of rugged highway each day for thirty-four days.

After striking-out with everyone in her life, she settles upon her disinterested eighty-year-old father. And his gas. The sleep apnea machine and self-scratching. Sharing a bathroom with a man whose gut obliterates his aim. Her father is every grown child's nightmare of embarrassing behavior. They've never gotten along.

As Watkins trudges America's forgotten highway, she loses herself in despair and pain. Her tenuous connection to her father unravels in a series of epic misunderstandings. Will they finish the trip and turn 'I wish I had' into 'I'm glad I did?' Or will they kill each other?

***Not Without My Father: One Woman's 444-Mile Walk of the Natchez Trace* is a *New York Times* best selling memoir for everyone who suffers from shattered dreams and dysfunctional relationships. If you like Cheryl Strayed, Bill Bryson, or Elizabeth Gilbert, you'll love this humorous, heartbreaking memoir from *New York Times* best selling author Andra Watkins.**

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