

## **High-Flavor**, Low-Fat Desserts

Steven Raichlen

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### High-Flavor, Low-Fat Desserts Steven Raichlen

Designed for health-conscious people who still long for their favorite after-meal sweets, a collection of modern recipes includes such fare as Caribbean Pumpkin Flan, Mega Chocolate Roulade, and Dr. Spock's Apple Raspberry Pudding.



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