



The Sacred Journey Journal 2017: Daily Journal for Your Soul

Cheryl Thiele

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Seasoned and novice journal keepers alike will find *The Sacred Journey: Daily Journal for Your Soul* as inspiring as it is functional. This combination journal and engagement calendar lets you record important events, thoughts, and feelings in an easy-to-use format. With an emphasis on your spiritual path and personal growth, it will become a treasured keepsake and a powerful tool for transformation.

Creator Cheryl Thiele is a writer, artist, art dealer, and curator based in California. This is her twenty-first edition of *The Sacred Journey*, which has won multiple awards from the Calendar Marketing Association.

With this journal you can:

- Preserve special moments, memories, and insights
- Define and articulate your own ethical creed
- Discover your "Heart Calling"
- Explore symbols as metaphoric teachers
- Acknowledge blessings, gifts & strengths
- Recognize and remember your gratitudes
- Set long-range, yearly & monthly goals
- Celebrate your birthday with a personal ceremony
- Reflect during a midyear review
- Close the year with a year-end retrospective
- Follow the natural cycles around you
- Rhythms of the sun, moon & seasons
- Use in tandem with *The Sacred Journey Cards* (separate purchase)
- Use with other inspirational tools
- Create a personal memento
- Chronicle your life experiences

This journal features:

- Abundant room for writing, drawing or coloring
- Full-page monthly and weekly grids
- Over 30 pages of instruction
- Substantial uncoated FSC paper
- Soy-based inks
- Wire-O Binding allowing it to lie flat

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