



# **One Way Ticket to Kansas: Caring about Someone with Borderline Personality Disorder and Finding a Healthy You**

*Ozzie Tinman*

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## **One Way Ticket to Kansas: Caring about Someone with Borderline Personality Disorder and Finding a Healthy You** Ozzie Tinman

One Way Ticket To Kansas assists those involved in an abusive relationship with someone diagnosed with, or suspected to have, Borderline Personality Disorder. The text gives a simple description of the disorder, means of coping with one stucken with the disorder, and explains the readers contribution to the unhealthy relationship. Also included are various support networks available for the reader. This book has multiple endorsements from experts in the field of personality disorders.

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