



A Teen Guide to Breakfast on the Go (Teen Cookbooks)

Dana Meachen Rau

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How many times can you hit the snooze button and still have time for breakfast? You dont want to set that alarm any earlier than you have to. But breakfast doesnt have to take a lot of time, and it can be fun to make and eat. From sandwiches to smoothies, from French toast to fruit salad, the Teen Guide to Breakfast on the Go shows you how to turn a few spare minutes in the morning into a delicious and healthy meal.

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