



The Type 2 Diabetes Break-through: A Revolutionary Approach to Treating Type 2 Diabetes

Frank Shallenberger

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It is every ones greatest desire to have boundless energy and health. Think back to when you were at your healthiest and most energetic; your mind was quick and sharp, positive and unstoppable. What if you could have that back, maybe even better than your best, and keep it for as long as you live? Or maybe you have never felt as vital as you thought you could. Well, this book will educate and guide you to a whole new you. So what does it take to stay healthy and free of symptoms and disease? If you ask me, its all about energy how to keep it if youve got it, and how to get it if you dont. Only by maintaining high energy levels can you stay well, free from disease, young, vibrant, and alive for all the days of your life. Approximately 17 million Americans have already been diagnosed with type 2 diabetes, and 16.4 million more have the disease but have not yet been diagnosed. And what could be worse than this? How about the fact that type 2 diabetes, once also known as adult-onset diabetes because it only occurred in adults, is now showing up at an alarming rate in children!

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