



# **You've Got This, Superwoman!: An Empowering Coloring Book Journal**

*Kim A. Flodin*

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# You've Got This, Superwoman!: An Empowering Coloring Book Journal

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Reg. price: \$15.99

**Two hundred forty (240) pages. Fifty (50) Empowering Illustrations. Twenty-five (25) Journal Prompts. Ten (10) Bonus Illustrations. One (1) Awesome Coloring Book Journal!**

**See What's inside:** <https://www.youtube.com/watch?v=EXL5lzei8b0>

You've Got This, Superwoman! Is a unique coloring book journal for adults which combines coloring, journaling, empowerment, affirmation, positive self-belief, stress relief and more in one very helpful coloring book journal designed to offer support and encouragement for all areas of your life...self-esteem, motivation, self-care, introspection, finances, body image, relationships and more. Filled with an assortment of images to enjoy and reflect upon, along with corresponding journal pages and writing prompts to support the coloring/journaling experience and lead you to deeper insights and understanding.

Each illustration is available on both a black and white background, so you can color your way through all the dark and light periods of life as you remember who you are...an incredible superwoman goddess, of course!

## **A Sampling of Phrases in This Book:**

You've Got This, Superwoman!

I Love Myself

I have a Fantastic Life

I Embrace My Courage

I Believe in Myself

Not my Monkeys, Not my Circus!

Love is all I Need

I Love my Body

I am Amazing

I am Relaxed and Peaceful

I am Beautiful

I've Got This

I Trust Life

Be Happy. Love

Be Brave!

I am True to Me

Money Flows in My Life

More....

## **Book Highlights:**

All Original, Hand-Drawn Designs

Designs for Assorted Skill Levels

Single Side Printing on White Paper

Stress-Relieving Patterns

Extra Blank Pages for Bleed Through

Bonus Pages

**Book Benefits:**

Introspection

Stress Relief


Encouragement

Positive Change

Empowerment

Relaxation

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