



# Ways of Living: Intervention Strategies to Enable Participation

*Charles H. Christiansen, Kathleen M. Matuska*

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People experience and value their health in terms of its impact on their lives or their ability to participate in life. Occupational therapy strives for meaningful occupational performance as an outcome with clients, recognizing that physical, mental, and emotional health can enable that outcome.

Occupational therapy services address aspects of care that mean the most to clients. This comprehensive, updated edition reflects the terminology of the *Occupational Therapy Practice Framework* and content in light of the new realities of health care, including intervention strategies beyond adaptation to ADL and IADL challenges. Strategies, including evaluation and planning, are featured on topics such as developmental disabilities, rheumatic diseases, spinal cord injury, stroke, movement disorders, upper-extremity amputation, severe burns, Alzheimer's disease, traumatic brain injury, psychiatric disabilities, vision loss, sexuality and disability, assistive technology, environmental adaptations, and home-based care.

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