



Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Curtis Russell:

This Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is definitely information inside this publication incredible fresh, you will get information which is getting deeper a person read a lot of information you will get. This kind of Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) without we realize teach the one who reading it become critical in imagining and analyzing. Don't possibly be worry Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) can bring when you are and not make your case space or bookshelves' turn into full because you can have it within your lovely laptop even cell phone. This Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) having fine arrangement in word in addition to layout, so you will not really feel uninterested in reading.

Jeffrey Messina:

The feeling that you get from Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) is the more deep you looking the information that hide inside words the more you get considering reading it. It does not mean that this book is hard to be aware of but Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) giving you buzz feeling of reading. The copy writer conveys their point in certain way that can be understood simply by anyone who read the idea because the author of this guide is well-known enough. This kind of book also makes your vocabulary increase well. It is therefore easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this particular Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Watercolor Herringbone) instantly.

John Pierre:

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