



Slice of Organic Life

Sheherazade Goldsmith

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Featuring over 90 self-contained projects, from growing your own food organically, cooking home-grown produce, keeping selected livestock, and leading a more sustainable lifestyle, this down-to-earth, yet practical guide is the perfect start for someone looking to go "green." The team of experts offer options for city dwellers with little space, for those living in the suburbs with a bit of land, and for those who have acres of land and no ideas on how to use them. The book includes a foreword by Alice Waters. **AUTHOR BIO:** Concerned by the poor quality of food on offer, Sheherazade Goldsmith started up an organic delicatessen that soon began to specialize in home-cooked food for babies and young children.

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