

Marriage Types

David L. Luecke

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This book focuses Jungian personality theory, widely known as developed and applied by Myers-Briggs and others, on the interaction of married couples. Building compatibility out of differences is a challenge for every marriage. Partners come from different family backgrounds and past experiences resulting in differing values and life-style preferences. But for most couples, the most difficult challenge to compatibility is a difference in "personality type." *Marriage Types* is written to help couples understand their personality differences and transform them from problems into assets.

Simply stated, in every situation people tend to ask two basic questions: "What is going on?" and "How do I respond?" Different personality types respond to these questions in different ways. Jung found that some individuals answer the first question (what is going on) with their five senses and referred to them, not surprisingly, as "sensing." Others respond to this question primarily with an internal process of imagination, analysis and associations. He referred to these as "intuiting." "Sensing" and "intuiting" partners experience their world in different ways.

When it comes to deciding how to respond to a situation when it is understood -- our second question -- Jung found some people base their decisions on "thinking" while others are more likely to respond out of their "feeling." "Thinking" people make decisions primarily on objective, logical analysis. "Feeling" individuals tend to give more consideration to the likes and dislikes of people involved. Thus "thinking" and "feeling" partners often respond differently for different reasons to the same situation.

This book includes a "Marriage Type Identifier" composed of eighty questions and a scoring process designed to help partners discover their own personality preferences. Each partner is invited to explore and affirm the good qualities he or she brings to the relationship and to discover how their differences, although challenging, can be accepted and celebrated as an asset to their life together.



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