



Habits: 50 Best Habits To Create A Successful Life And Break Bad Habits Permanently! (The Power Of Habits, Habits For Success, Bad Habits, Motivation)

Kellie Sullivan

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The Secrets To Changing Your Bad Habits Will Be Revealed!

A Short Read With Easy To Apply Practical Tips & Powerful Knowledge That Will Help You In No Time

Your bad habits hinder you on creating a wonderful life. It keeps you from accomplishing your goals. They may even endanger your health, whether physically, emotionally or mentally. Not to mention that waste most of your time and energy instead of making the most of it. Let's face it. It runs our lives. Most of what we do is truly based on the habit we have developed at some points of our life. But the question here is, why we keep on doing them although we already know they are wrong? Is there anything we can do to break them?

If that is the case, you are reading the perfect book! This is not a book to remind you of your mistakes or fill your mind with empty motivational quotes

This book will include step-by-step instructions and the how to's along the way.

Here Is A Preview Of What Inside The Book:

- Build a positive and successful life and be able to overcome these bad habits forever not just on yourselves, but also with your career.
- Achieve a better mind-setting strategy, which will keep you calm and attentive all the time.
- Develop a better personality
- Free yourself forever from these bad habits and start anew on good ones!
- And many more

Take Action Today and change your life and be the better version of yourself by building empowering habits! Click the "Buy now with 1-Click" to the right and get this short guide immediately.

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