

IS MY HUSBAND BISEXUAL?: Is He Having An Affair? (Shattered Hearts) (Volume 1)

Karen Winterle Ph.D.



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Do you suspect or have you discovered your husband may be bisexual? A psychotherapist wrote this selfhelp book as a resource for those suffering the trauma of finding out your partner might be bisexual. The intent is to inform, educate and to help the reader assess a relationship. Through intensive psychotherapy, a client, Mary, discovered her husband of over ten years was sexually involved with another woman, and a man, which opened the floodgates, spilling forth clues to troubles within her marriage that she had ignored for years. Part II of the book includes chapters on the signs of an affair, low self-esteem, sex addiction, and narcissism, characteristics of bisexual men, post-traumatic stress disorder, stages of grief, survival skills, divorce tips and lessons learned. On her way to recovery, Mary came to understand how her personality and the bisexual personality caused her husband's secret life to remain hidden. Through therapy, she learned to deal with betrayal, deception, confusion and feelings of helplessness. There is light at the end of the tunnel. The author takes you from discovery through the healing process to recovery.

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