



# **The Unbound Soul: A Spiritual Memoir for Personal Transformation and Enlightenment**

*Richard L. Haight*

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The true story of a young boy's mystical vision and his subsequent search for truth and enlightenment through the study of meditation, healing and martial arts. Tormented by visions of coming worldwide calamity, he presses ever onward in his search for spiritual awakening.

Through *The Unbound Soul*, Richard L. Haight reveals a unique meditation method, accompanied by a set of powerful awareness tools to assist you on your path to personal transformation. Learn how to integrate spirituality in your everyday life - and *feel free!*

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