



Foundations and Adult Health Nursing

Barbara Lauritsen Christensen, Elaine Oden Kockrow

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Part of the popular LPN Threads series, this comprehensive text includes in-depth discussions of fundamental concepts and skills, plus medical-surgical content to help you provide safe and effective care in the fast-paced healthcare environment. Easy-to-read content, an enhanced focus on preparing for the NCLEX® Examination, and a wealth of tips and study tools make Foundations and Adult Health Nursing, 6th Edition, your must-have text!

- All-in-one reference includes fundamentals, skills, maternity, pediatric, geriatric, mental health, community, anatomy and physiology, and medical-surgical content – everything you need in one convenient text.
- Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial.
- The consistent, logical framework of the nursing process connects specific disorders to patient care.
- The Introduction to Anatomy and Physiology chapter and an overview of A&P at the beginning of all body systems chapters provide a clear, basic understanding of A&P that LPN/LVNs need to know.
- A mathematics review chapter provides a complete review of basic arithmetic skills and practice in drug dosage calculation to ensure safe medication administration.
- Safety Alert boxes help you implement The Joint Commission’s safety guidelines in all settings, with considerations for special populations.
- Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions.
- Over 100 skills in a step-by-step format with full-color illustrations present clearly defined nursing actions and rationales for skills and techniques you’ll use in practice.
- Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs.
- Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills.
- Coordinated Care boxes emphasize parameters for prioritizing tasks, as well as assigning tasks to and supervising unlicensed assistive personnel.
- An emphasis on communication features real-life examples of nurse-patient dialogue and illustrates practical guidelines for effective communication.
- Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members.
- Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary focus of the LPN/LVN nurse.
- Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting.
- Health Promotion Considerations boxes provide key information on staying healthy and preventing disease, with tips on wellness from Healthy People 2010.
- Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care.

- Complementary and Alternative Therapy boxes includes disorder-specific therapies, precautions, and possible side effects of non-traditional treatments.

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