



# Boys Into Men: Raising Our African American Teenage Sons

*Nancy Boyd-Franklin, A. J. Franklin, Pamela A. Toussaint*

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Two noted psychologists, who are parents themselves, share their wisdom in this indispensable book on raising African-American boys.

With the success of books such as *Raising Cain* and *Real Boys* comes the awareness of the increasing need we have to help boys grow into healthy, happy men. But for African-American boys, the statistics are often grim. They enter this world having a distinct disadvantage, still the target of racism, prejudice, and discrimination. Now, in the first book of its kind, husband and wife psychologists Drs. Nancy Boyd-Franklin and A. J. Franklin address the long overdue issues involved in raising African-American teenage boys and how to combat the overwhelming influences that can negatively affect these young men.

Parents and educators will learn how to deal with problems such as violence, drugs, sex, and racism, as well as with the effects of music, the media, and sports. Based on the authors' own experience as psychologists and as the parents of four children, and including stories from dozens of other African-American families, *Boys into Men* offers simple, effective strategies for problem-solving, improving communication, and instilling a positive racial identity in African-American boys. This important book includes resources on finding a professional counselor as well as offering related reading, websites, and helpful organizations.

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