



A Heritage of Herbs : History, Early Gardening and Old Recipes

Bertha P. Reppert

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Bertha Reppert's historical how to is a unique union of North American herbal history and solid, useful information for today's home gardener and cook -- including over 75 modernized antique recipes that range from rose petal sandwiches to strawberry facials. North America was a veritable eden of wild growth. There were an estimated 8,000 plants found here in the 17th and 18th centuries and only a half dozen or so were then known in England and Europe. Today, few people know the native herbs from the newcomers but summaries of over 230 native American herbs -- which include facts on their distributions, identification and uses.

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