



Counseling Techniques: Improving Relationships with Others, Ourselves, Our Families, and Our Environment

Rosemary A. Thompson

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The third edition of *Counseling Techniques* follows in its predecessors' steps, presenting the art and science of counseling in a clear and common-sense manner that makes it accessible for counseling students and seasoned practitioners alike. New to this edition are chapters on play therapy and a host of other updates that illustrate ways to use different techniques in different situations. *Counseling Techniques* stresses the need to recognize and treat the client within the context of culture, ethnicity, interpersonal resources, and systemic support, and it shows students how to meet these needs using more than five hundred treatment techniques, each of which is accompanied by step-by-step procedures and evaluation methods.

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