



The Wilderness Cooking Handbook

J. Wayne Fears

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This cooking handbook shows you the basic cooking skills that can convert any fireplace, woodstove, or patio into an alternate-energy cooking site. J. Wayne Fears records the old ways of cooking that are slowly disappearing, and passes along recipes that are created by those with less complicated lifestyles. This useful, informative guide demonstrates how to build an open fire and use it for cooking, and gives you tips on mastering the backpack and shepherd's stoves. Smoking, drying, and charcoal cooking can be enjoyed at home, at the cabin, or in the wilderness. In here, you'll find recipes for everything from simple bannock - the bread of the wilderness - to hearty Camphouse Roast Beef.

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