



Scents of Memory: A delightful mix of stories and delicious recipes from around the world

Souad Sharabani

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Scents of Memory is a passionate celebration of food and place. Souad Sharabani's recipes capture the simplicity and flavour of fresh and wholesome ingredients; her compelling stories, the power of love and generosity to transform even the humblest of meals into an unforgettable one. Souad's personal journey, from her childhood in the Middle East, to life in Europe as an illegal domestic worker, to some 30 years as a radio-documentary producer, has taken her to far-flung corners of the planet. In Scents of Memory, Souad brings together her many fascinating experiences-always associated with a memorable meal-in a series of funny, eclectic and poignant stories to accompany her appetizing, no-fuss recipes. With an uncanny ability, through her sense of scent and remembrance, to recreate the tastes of past meals she enjoyed, Souad shows in Scents of Memory that food really does connect us all. Readers will delight in the more than 100 recipes-rooted in Iraqi, Israeli, Malawian, Indian and Peruvian cuisines, among others-that Scents of Memory offers. You'll find favourites such as Tabbouleh and Ceviche, as well as refreshing new tastes such as Eggplant and Coriander Salad with Lemon Dressing, Sweet-and-Sour Apricot Stew, Rice with Cherries and Saffron, and Pomegranate Chicken. Presenting recipes for every stage of the meal, Souad also demonstrates how vegetable dishes can be the centrepiece. Mouth-watering, aromatic, healthy and simple to prepare-often one-pot-the recipes are easy on any cook's time and budget-each feeds four to six (or more!) people for less than ten dollars. These are recipes you'll return to again and again, to prepare, to savour, to share.

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