



Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Ralph Capra:

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Information is provisions for those to get better life, information these days can get by anyone at everywhere. The information can be a expertise or any news even a concern. What people must be consider if those information which is within the former life are hard to be find than now is taking seriously which one would work to believe or which one typically the resource are convinced. If you have the unstable resource then you have it as your main information there will be huge disadvantage for you. All those possibilities will not happen with you if you take Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes) as your daily resource information.

Robert Jackson:

A lot of people always spent their very own free time to vacation or go to the outside with them family or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. In order to try to find a new activity honestly, that is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book that you just read you can spent 24 hours a day to reading a e-book. The book Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes) it is quite good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. Should you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore quickly to read this book from a smart phone. The price is not to cover but this book provides high quality.

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